

GALA CAFÉ

MENU

Opening Hours

Mon – Fri 6:30am – 3:00pm
Kitchen Close at - 2:00pm

Sat – Sun 9:00am – 2:00pm
Kitchen Close at - 1:00pm

Website/Social Media

Website: www.galacafe.co.nz

Facebook: www.facebook.com/galacafe.co.nz

Instagram: www.instagram.com/cafe.gala.nz

Caterings and Bookings

Info@galacafe.co.nz

Ph: (09) 623-1572

Beverages

All Coffees Double Shot

Coffee Regular - \$4.3 Large - \$5

| Flat white | Cappuccino | Mocha | Latte | Chai |
| Short Black | Long Black | Macchiato | Americano | Piccolo | Lemon Toddy |
Fluffy - \$1

| Ice Coffee | Ice Chocolate | Ice Mocha | Ice Americano | Ice Green Tea | - \$6.7

Options – Trim, Soy Milk, Almond Milk, Cinnamon Sprinkle (**No Extra Charge**)

Syrup – Caramel, Vanilla, Hazelnut, White Chocolate, Sweet Chai, **\$.50 Extra**

Pot of Tea - \$4.3

| English Breakfast | Earl Grey | Green Tea | Lemon | Peppermint |
| Camomile | Berry Tea |

Milk Shakes / Thick Shakes - \$7

| Chocolate | Vanilla | Banana | Strawberry | Raspberry | Lime | Cream Soda |

Smoothies - \$7.9

| Tropical Fruits | Juicy Mango | Summer Berry | Feijoa & Apple | Lemon & Lime |
| Banana |

Gala Green – Kale, Kiwi fruit, Mint, Banana, Yogurt, Honey

Gala Banana & Lychee – Banana, Lychee, Yogurt, Honey

Add: *Ice Cream \$3, Protein Shot \$.50, Almond Milk, Soy Milk \$1*

Cold Drinks

| Water | Coke Range | Bundaberg Range | Keri Cranberry/Orange |
| Fresh Orange Juice |

Organic Range

| Apple Orange Mango | Apple Peach | Apple Feijoa | Apple | Apple Black Currant |

Sparkling Water

| San Pellegrino | Kiwi Blue Sparkling Water |

All Day Breakfast

***Gala Big Breakfast - \$23.50**

Eggs, Bacon, Chorizo Sausages, Vine Tomatoes, Portobello Mushrooms, Rosti (GF)

***Benedict's - \$18.50**

| Salmon | Bacon | Portobello Mushrooms |

Omelette - \$17.50

| Bacon & Mushroom | Tomato & Basil with Cos & Pecorino |

| Spinach, feta & mushroom |

***Eggs On Toast (GF) - \$13**

| Fried | Poached | Scrambled |

***North Indian Eggs (GF) - \$16.50**

| Fried Eggs, Indian Spice, Baby Tomatoes |

***Portobello Mushrooms on Toast (GF) - \$16.50**

| Portobello Mushrooms with Pecorino Romano |

***Mince On Toast (GF)(DF) - \$17.50**

| Mince & Pecorino |

***Toast with Preserve (GF)(DF) - \$9.50**

| Rhubarb | Honey | Strawberry | Marmalade | Vegemite |

French Toast - \$17

| Bacon & Banana |

Gala Bagel - \$15.50

| Salmon, Cream cheese & Lemon |

***Gala Granola (GF) - \$13.50**

| House made, oats, nuts, dried fruit with yoghurt, stewed apple and boysenberries |

Waffles - \$16.50

| Seasonal Berries & Cream | Banana & Caramel Sauce |

| *Toppings:* Strawberry or Chocolate Syrup | *Extra:* French Vanilla Ice Cream - \$3 |

Blueberry Pancakes - \$16.50

| Served with mascarpone or Whipped cream |

***Blueberry Hotcakes (Oats) (GF) - \$16.50**

| Served with mascarpone or Whipped cream |

Tokyo Lunch Box - \$21

| Salmon with Noodles | Chicken with Rice |

Steak Sandwich - \$21

| Steak, Dijon Mustard, Tomato & Rocket |

BLT Sandwich - \$15

| Bacon, Lettuce and Tomato with Rockets & Handmade Fries |

Gala Gourmet Burger - \$18

| Beef or Chicken Served with Handmade Fries |

Reuben's Deli Sandwich - \$21

| Pastrami (150g), Pickled Cabbage, Cheese, Dijon Mustard |

Fish and Chips - \$22.50

| Battered

Gala Wedges - \$18.50

| Sour Cream, Bacon and Cheese with Sweet Chili Sauce |

***Gala Handmade Fries (GF) - \$7.50**

***Moroccan Chicken Salad (GF) - \$19.50**

| Orange, Apricots, Walnuts, Watercress, Couscous in Citrus Cinnamon Dressing, Yogurt on the side |

***Gala Spa Salad - \$19.50**

| Steamed Chicken, Green Tea Noodles and Watercress |

***Raw Energy Salad (GF) - \$19**

| Cos, Brown Rice, Mung Beans, Roasted Nuts, Pumpkin & Sunflower Seed, Currants, Carrots, Beetroot, Mint, Slice of Lemon, Dressing Lemon Ginger Oil |

***Bistro Salad (GF) - \$16.50**

| Rocket, Crisp Pancetta, Croutons and Poached Eggs |

Corn Fritter - \$15

| Stacked With Bacon |

Curry - \$18

| Butter Chicken Served With Rice and Naan Bread |

Pasta - \$19.50

| Creamy Chicken and Mushroom Fettuccine |

Soup of the Day Served with Toast - \$12

Sides

Avocado	\$4	Portobello Mushrooms	\$6
Bacon	\$6	Rosti	\$4
Baked Beans	\$4	Salmon	\$6
Chicken Nuggets	\$6	Sausages	\$6
Extra Egg	\$4	Spinach	\$6
Ham	\$6	Toast	\$4
Miso Soup	\$4	Tomato with Thyme	\$4

Bread Option

| Turkish Flat | Wholegrain | Sourdough Rye | Gluten Free |

*** Some meals have GF and or DF option available. Please ask the Staff.**